

**"I'm going on 7 years with Jeremy,
my Little. I have gotten more
from this relationship than anyone
can possibly imagine."**

-Bruce, Big Brother

*We know this
relationship works...*

Research has proven that Littles who
regularly see their Bigs are:

- Less likely to use drugs and alcohol
- More likely to stay in school
- More likely to resolve conflicts
with words, not fists

Big Brothers Big Sisters

A program of the Volunteer Services Division
Jewish Board of Family and Children's Services

JBFCFS helps New Yorkers of all religious,
ethnic and socioeconomic backgrounds
throughout New York City and in Westchester.

To find out how you can change a child's life,
call (212) 632-4688
or email voldiv@jbfcs.org.

120 West 57th Street
New York, NY 10019

visit us at jbfcs.org/ucanhelp

Become a **big** Brother^{or} big Sister

Putting a smile on
a child's face is
just the beginning.



a beneficiary of
UJA Federation
of New York

JB
FCS

Jewish Board of Family and Children's Services

Join us if you would like to

- **LOOK** at the world anew with a child
A child sees with fresh vision.
- **LISTEN** to what a child says
Sometimes a child just needs a shoulder to lean on.
- **LEARN** from a child
Every child has a lot to teach us.

The JBFCS

big Brother &

We provide a child from a single-parent home with a well-matched Big Brother or Big Sister. Children in our program come from all religious, ethnic, and socioeconomic backgrounds.



To become part of this wonderful program, here's all it takes:

- Make a one-year commitment
- Spend two weekend afternoons a month with a child on a one-to-one basis
- Play ball, go for a walk, talk, just be a friend

Friendship is the essence of the relationship between Bigs and their Littles. Your time together lets the Little

- Enjoy the pleasures of childhood
- Gain a more hopeful outlook on life
- Benefit from having a positive role model

Sister Program

Volunteers must be

- At least 21 years old
- A responsible and caring adult who enjoys and relates well to children
- Able to provide the consistency that is key to a successful friendship